

I Became a Massage Therapist Because...

Here's What Our Graduates Say

"I always wanted a physically active job where I could help people find a way to be whole, to be well, to live healthfully, and to find balance within themselves. Massage is a caring touch and it is one of the most direct ways to give to others and receive replenishment of my own soul."

Sarah S., LMT—2005 CCMT graduate

"I wanted a way to make a positive impact on the world around me. Confucius is quoted as saying, 'Chose a job you love and you will never work a day in your life.' In my 11 years of practice I find that I continue to love meeting with my clients, feel that I contribute to their wellness in a real and powerful way and look forward to going to 'work' everyday. Also, my career as a massage therapist allows me the freedom to make my own schedule and be with my husband and three children. I have the best of both worlds."

Jill D., LMT—1996 CCMT graduate & faculty

"I was looking for a new career after staying home for 13 years raising my two daughters. I wanted a fulfilling job in an alternative medical field that would help others feel better. It has turned out to be deeply gratifying for both me and my clients."

Carol C., LMT—2001 CCMT graduate & faculty

"I didn't want to go into physical therapy after graduating with a degree in sports medicine. I found that massage therapy was a better path. Massage is just as effective, less painful for clients, and affects all aspects of life. Helping my clients find balance in their lives is so rewarding."

Cailin L., LMT—2000 CCMT graduate & faculty

"I wanted to create a business providing holistic healthcare and education to a wide variety of clients—empowering them to take more responsibility for their own health and well being. Beyond this, I feel passionately about the larger picture— wanting to do my part to broaden an awareness of the transformative, healing benefits and social values of intentional, caring touch."

Richard H., LMT—1995 CCMT graduate & faculty

"I wanted my work to be about helping people feel more comfortable and I knew that becoming a nurse would not fulfill that desire. My grandmother and two of my three sisters are nurses, and from what I saw and heard, no thanks. The only part I wanted was the role of Florence Nightengale, and I knew if she were here today, she would change her career to massage therapy!"

Susan T., LMT—1985 CCMT graduate & staff

"I wanted a new career. I like working with my hands and I wanted to help people achieve greater health and comfort. This is a part-time job for me. I am continuing my previous career as a musician and teacher. I am very happy with the combination."

Elizabeth L., LMT—2000 CCMT graduate

"I became a massage therapist because in my heart I knew that it was the right thing to do. I enjoy helping people empower themselves to move forward. When I first walked into CCMT, I knew that my life was going to change for the better...forever. Being a massage therapist has enriched my life many times over in a multitude of ways. I can now follow my passion and receive just as much as I give on a daily basis. I met Julie, my wife, during my last semester. Ten years later, we now have a thriving practice in Newington, and we are the parents of two beautiful children. For that I am truly grateful. I cannot see myself doing anything else."

Scott R., LMT—1998 CCMT graduate & faculty

"From my very first professional massage many years ago, I was completely fascinated by how the strokes the therapist was using could feel so wonderful. From that day, I wanted to know more; wanted to learn how to use my hands like she did. For well over 10 years, even as I continued to work hard in my corporate world and finish my bachelor's degree, I never stopped thinking about going to massage school. While my corporate job pays well and provides great benefits, it left me "empty" at the end of the day. I longed to do something more significant—something that could help people on a deeper level. I wanted to make a bigger difference somehow. Massage was what I was searching for. It was the best decision I could have made for myself. Now, while I still have my corporate job, I can leave there knowing that I'll see my client that evening and feel like I've done something that is truly special for them...and for me. People said that massage school would change my life. It has in more ways than I could have imagined."

Lisa D., LMT—2005 CCMT graduate

"I have always been a touch person growing up—hugging people and having my hand on their arm or back to give non-verbal support. My desire to become a massage therapist was an avenue that I could pursue to be a healing force for others as well as myself. I learned that when you massage with the right intention (which I hold very dear) both yourself and the client benefit. Massage is a lifestyle, not just a job. It is deeply rewarding, and, you never have to worry about being fired or downsized."

Robin A., LMT—2006 CCMT graduate

"I wanted to help others heal and feel better in a positive way. I had always been in the healthcare field and loved being part of a system which cares for others. Massage to me is one of the best ways to help a fellow human being. From the first day in class I knew massage was the right choice for me. It would take a lot of work but I was up for the challenge. I've entered a terrific profession."

Joyce B., LMT—2006 CCMT graduate

Connecticut Center for Massage Therapy
Campuses in Newington, Westport & Groton
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