

National Sports Massage Therapist of the year

(Press Release 10-12-06 Atlanta, GA) – Today at the American Massage Therapy Association's National Convention it was proclaimed that Ms Lee Stang, of Southington, Connecticut is the National Sports Massage Therapist of the year. Ms Stang is the owner of Bridges to Health Therapeutic Massage Center, LLC located in Plainville, CT.

The AMTA is a professional association of more than 39,000 massage therapists. All AMTA professional members have demonstrated a certain level of skill and knowledge through education and testing. Ms Stang was nominated by her peers for her outstanding knowledge, excellent performance and unlimited service.

Ms Stang has been a member of the Connecticut Chapter AMTA Sports Team since 1995 and received her national certification in Sports Massage in 1996. She has taught Sports Massage at the Connecticut Center Massage Therapy School in Newington, CT for over ten years. She has taught seminars locally, nationally and internationally on Therapeutic Massage. Ms Stang volunteered to serve on the AMTA National Sports Massage Team Review Committee which promotes regional /chapter sports massage team knowledge. She was selected to work at the Salt Lake Winter Olympics in 2002 and the Athens Greece Paralympics in 2004. In her business practice she has provided therapeutic sports massage to a variety of clientele; from professional sport teams to local amateur teams, individual professional athletes to the casual weekend exercisers.

In the past, Ms Stang volunteered several years as the AMTA CT Chapter Sports Massage Team Director. Currently she is the Chapter President. This season, Stang was instrumental in facilitating participation of the CT Chapter AMTA Sports Massage Team in the World Championships for People with Physical Disabilities, in New London, where 1070 massages were completed.

Ms Lee Stang's greatest joy is enabling others to reach their goals; and she does that through her knowledge, therapeutic sports massage skills, and sense of service to the wider community.

Congratulations Ms. Lee Stang!